

Saturday, August 19, 2023 Smith River Fest

Walk, Trot or Run...Just Do The Helgramite Hustle!

When: Saturday, August 19, 2023 / 11:00am

Where: Smith River Fest at the Smith River Sports Complex 1000 Irisburg Road, Axton, VA 24054

of the risks involved in this event and I am physically fit and sufficiently trained to participate in the event.

Registration: \$30 until August 4 (with a t-shirt guarantee), \$35 from August 5 to August 18, and \$40 on race day

Includes: Race swag, on-course music & aid-station, post-race food, live music, Beer Garden, Free Drink Ticket & Free admission to Smith River Fest!

Awards: Overall Male/Female Winners and Male/Female Age Groups (5 year increments beginning at 9 & under)

Packet Pick-up: Friday, August 18 / 8:00am-5:00pm at Henry County Parks and Recreation Office—Saturday at festival from 9:00am-10:45am.

	registration fee to Henry County Parks and Recreation Office or mail to HCPR, PO Box 7, Collinsville, VA 24078
	Last Name
Address	
Birthdate	Age as of race day Male/Female (please circle)
Phone #	E-mail Address
	Call (276) 634-4640 for more information or if you have questions.
	T-Shirt Size No shirt guarantee after August 4
	Adult SAdult MAdult LGAdult XL Adult XXL
participation in Helgramite He volunteers from any claim wh committee may refuse my en	e acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my istle 5K Mud Run, and do hereby release the County of Henry, VA, all sponsors, partner organizations, workers, officials and atsoever arising from my participation in this event. I agree to abide by all rules for participation, and acknowledge that the event try at its discretion. I further grant permission for Henry County Parks and Recreation to use any photographs, motion pictures or or legitimate purposes. I HAVE NOTED ANY MEDICAL CONDITIONS on the reverse side of this form. I verify that I have full knowledge

Entry Signature: Parent's Signature:			Date: Date:
Presented By:		Title Sponsor:	\mathbf{Q}
	MARTINSVILLE EYECARE CENTER THERESA BECHTEL, O.D.		SOVAH Health