Saturday, August 19, 2023		<b>SMITH</b>
Full Name:		FEST
Address:		
City & State:	Zip:	PRESENTED BY
Phone: Email:		$\diamond$
Team Member ( <i>Tandem entries</i> ):		SOVAH HEALTH
Please check your category:		
Racing Kayak Male	Rec Kayak Female (age 45 & under)	Tandem Canoe
Racing Kayak Female	Rec Kayak Female (age 46 & up)	Tandem Kayak
Rec Kayak Male (age 45 & under)	Solo Canoe Male	SUP
Rec Kayak Male (age 46 & up)	Solo Canoe Female	

Shirt Size: one shirt per person. Check one (check two if a tandem): \_\_\_\_S \_\_\_M \_\_\_L \_\_\_XL \_\_\_XXL

Fee: \$20 per single entry / \$30 per tandem entry

#### Waiver:

In consideration of being permitted to participate in the 2023 Smith River Fest Canoe and Kayak Race, or any portion thereof, I do hereby for myself, my heirs, executors, administrators, and assignees, release and forever discharge Henry County Parks and Recreation, Dan River Basin Association, Smith River Sports Complex, MHC Economic Development Corporation, City of Martinsville, MHC Family YMCA and all other entities or persons involved in sponsoring, organizing, managing, and/or manning the event/s of all claims, damages, losses, demands, actions, cause of action, suits of law, or suits of any nature arising from my participation in the aforementioned events on August 19, 2023. I understand the inherent risk of participating in any of the aforementioned events. I grant my permission for myself or my children to be photographed for promotional purposes by the event organizers. I have read and fully understand all of the information included in the above waiver and attached race rules.

Signature of each participant in boat and/or parent's signature if participant is age 17 & under

 Date:	
 _Date:	

Mail this page and check payable to: Henry County Parks & Recreation, PO Box 7, Collinsville, VA 24078

### **Itinerary:**

- 9:30am -11:30am Race Registration at Smith River Fest (Register at the Henry County Parks Booth)
- 1:00pm Last Shuttle Departs for Starting Line
- 1:15pm Mandatory Safety Briefing at South Martinsville River Access, 280 Tensbury Dr.
- 1:30pm Race Begins
- 3:30pm River Race Awards at Smith River Fest Stage

# **Rules:**

- Paddlers will start in flights and will be timed. Winners will be based on overall finish time broken up into categories listed on page 1.
- NO INFLATABLES, PLEASE!
- Please observe all water safety rules and have appropriate flotation devices (PDFs) on at all times during the race.
- Participants under the age 14 must be accompanied by an adult. (Adults can accompany children in separate watercraft.)
- Littering on the river is prohibited.
- Entry fees are non-refundable.
- Watch for fishermen and others that are not participating in this event.
- Keep a safe distance between boats.
- The organizers of the Smith Fiver Fest Paddle Race reserve the right to cancel this event based on unsafe conditions due to extreme weather conditions.
- No alcohol is permitted during race!

# **Other Safety Precautions:**

- Emergency Exits are at Rives Rd. where first bridge crosses river and Frith Rd. where train trestle crosses the river. There will be an official sweeper and rescue boaters along the route.
- If you are injured or need medical attention please alert other participants, flag down rescue boaters, or call 911.
- If lightning occurs, please exit the river immediately, crouch and wait out the storm. Non-race boats have the right-of-way to the left.
- Paddle with others; if possible carry a spare paddle.
- When paddling in wind, stay close to the shore.
- Use caution when launching or landing on slippery rocks or muddy areas.
- If you capsize, stay calm; hold onto boat and paddle and move to shallow water.
- Do not attempt to stand up in moving water deeper than knee deep.
- Please remove your boats as soon as possible upon reaching the ramp. Boaters may have to wait to take out if the ramp is full but the river is slow here and easy to hold position while waiting to take out.

Directions to Smith River Fest: located at the Smith River Sports Complex, 1000 Irisburg Road, Axton, VA

- From Martinsville Follow Spruce Street southeast, cross the bypass and turn right just past Freedom Baptist Church.
- From Danville: Take 58 West to Martinsville. Travel approximately 25 miles and exit onto 58 West toward 220North/Stuart/Roanoke. Travel approximately 3.7 miles and exit on the ramp toward VA-650. At the top of the ramp, take a left onto Irisburg Road. Drive 0.4 mile and enter on right at the Smith River Sports Complex.
- From Greensboro/Eden: Take 220 North to Martinsville. Take the 58 East Exit toward Danville. Travel approximately 3.5 miles. Exit on the ramp toward VA-650. Take a right at top of ramp onto Irisburg Rd. Drive approximately 0.3 mile and enter on right at the Smith River Sports Complex.
- From Roanoke: Take 220 South to Martinsville (approximately 55 miles). Exit on the ramp toward VA-650. Take a right at top of ramp onto Irisburg Rd. Drive approximately 0.3 mile and enter on right at the Smith River Sports Complex.

### Directions from Smith River Fest to Starting Line: Located at 280 Tensbury Drive, Martinsville, VA

Exit the Smith River Sports Complex and turn left onto Irisburg Road. Turn left to get on US 58/220 Bypass. Exit the Bypass at US 220 Business taking a right. Drive approximately 2.8 miles. Tensbury Drive runs parallel to US 220 near the KFC, river access is at end of road just beyond the RV park.

**River Information:** Average weekend water flows on the Smith River below Martinsville Dam are between 80-150 cubic feet per second (cfs). At these flows rates, the river has some exposed rocks, and shallow areas that may be too shallow for a boat to pass in some areas. Often there are one or two routes through the shallow areas that have just enough water to allow a paddler to continue without the need to step out of the boat when the water is at this level.

For race day, we anticipate a release of water 650 cfs or more from the Martinsville Dam, courtesy of the City Electric Dept. There will be no shallow areas, but some nice class 1 rapids in spots and the run will take an average of 1-1/2 hours to complete. Racers will most likely complete the course in under an hour.

#### 2022 Race Winners

Racing Kayak Male	Rec Kayak Male U45	Solo Canoe Male
Landan Bumgarner – 43:03	Earl Bumgarner – 44:59	Nathaniel Corwin – 43:06
Tandem Canoe	SUP	Rec Kayak Male 46+
Phil Picket / - 37:46	Robert Morris – 56:18	Mark Joyce – 51:22
Solo Canoe Female		
Lynn McDuffie – 48:04		